

Coming of Age

~She Who Is Becoming~

A Day of Education and Celebration for
6th and 7th grade Girls and their Moms

Saturday, January 27, 2007

10:00 a.m. – 4:30 p.m.

North Boulder Location

A special evening just for the mothers will be held on
Thursday, January 18th from 6:30 – 8:30 p.m.
(Please plan to attend both the evening and the day sessions.)

*Through Conversation, Creative Expression, and Ceremony,
beautiful images and descriptions of the emotional,
physical and spiritual changes occurring during puberty
and early adolescence will be shared.*

~During our time together we will~

- Explore the ways our natural rhythms and cycles link us to Nature
- Gather information regarding the female fertility cycle
- Research the ways our fertility cycle connects to our creativity and self-expression
- Remember how young women have been welcomed into the circle of womanhood by their elders

Facilitated by:

Tara King, M. Ed., has worked with families as a birth and parenting educator for over a decade. She works with women of all ages regarding the female fertility cycle in addition to co-creating Coming of Age studies for youth participating in the Surfing The Creative® International Rites of Passage Programs. Tara has worked closely in apprenticeship and collegueship with Melissa Michaels, studying somatic and art based education, ritual and community building. She is carrying forth certain aspects of life cycle work that include time-tested ways of supporting women in all phases of fertility. Through beauty in community, Tara's work honors, blesses and celebrates new beginnings. She actively parents two daughters, ages nine and twelve.

\$60.00/Family + \$25.00 Materials Fee

For more information and to register, please call 303.545.2502

movingmamar@yahoo.com or see www.bdanced.com

-Co-sponsored by The Menstrual Mandala, The Outer Circle, and Wild Life Productions, LLC-

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ADDITIONAL POSITIVE YOUTH DEVELOPMENT OPPORTUNITIES

Creativity and Connection

Building a Foundation of Inner and Outer Support in Community

~ A Girls Group for 5th Graders and Their Moms ~
with Melissa Michaels and Tara King

Join together to discover healthy ways of...
**Taking care of ourselves, our relationships and
our creative magic.**

Beginning in 2007:
Tuesdays, January 16th & 30th, February 13th & 27th • 3:30-5pm
\$75.00/family • *Some scholarships are available*
(303) 415-0272/www.bdanced.com

Positive Hip Hop

A Fresh Approach to Dance for Middle & High School Girls

with Taliza Mizrahi
(949) 295-7131

Roots ~ Rhythm ~ Tribe

African Hand-Drumming for Middle School Boys

with Jonathan Davis
(720) 404-2466

Physical Theater, Puppetry, and Dance

Awakening the Expressive Artist

~ For girls 11 years and up ~

with Lucia Rich
(720) 224-7930

For parallel work with Boys and Programs for Fathers and Sons,
please contact **Men's Leadership Alliance.**
www.mensleadershipalliance.org
or (303) 444-9066

Looking Ahead:

**Surfing The Creative® International Youth
Rites of Passage Program**, a camp for 16-26 year olds
June 25-July 27, 2007

For more information, contact **Golden Bridge** at
877-B-GOLD56 • goldenbridge.org

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