

# Surfing The Creative<sup>®</sup> for Adults

July 23<sup>rd</sup> - August 4, 2010

- with Melissa Michaels & Friends -

INDIVIDUALS 28-108 YEARS WELCOME

## LOCATION

### The StarHouse

Just outside of Boulder, Colorado.

[www.starhouse.org](http://www.starhouse.org)

This event co-sponsored by  
Wild Life Productions, LLC and  
All Season's Chalice.

## SCHEDULE

### July 23<sup>rd</sup>

6 - 9 pm: Opening Evening

### July 25<sup>th</sup> - August 4<sup>th</sup>

9:30 am - 4:30 pm Daily

No Session July 31<sup>st</sup>

## OTHER EVENINGS

### July 25<sup>th</sup>, August 1<sup>st</sup>

7 - 10 pm: Gender Groups

### July 30<sup>th</sup>, August 2<sup>nd</sup>

Special Evening Events

### August 4<sup>th</sup>

7 pm: Closing Community

Dinner in Boulder

## FINANCIAL INVESTMENT

### Workshop:

\$1200-1500 Twelve Day Program in Full  
(First Time Students)

\$50 Application Fee  
(First Time Students)

\$1000-1200 Twelve Day Program in Full  
(Seasoned Students)

\$25 Application Fee  
(Seasoned Students)

• Payment plans are available.

## How to Apply:

Please send in your application form and fee, along with your introductory statement of intention. Once received, you will be contacted to set up an interview with one of our leaders. Spaces will fill. Please plan ahead if you would like to be considered for this summer's journey.

Wild Life Productions

303-415-0272

[www.bdanced.com](http://www.bdanced.com)

[office@bdanced.com](mailto:office@bdanced.com)

PO Box 7478, Boulder, CO 80306

# A 12-Day Dancing Quest

## Through the Labryinth of Body, Heart, Creativity, and Intimacy into Destiny

**Who** - This journey is open to those seeking to make a conscious transition from one stage of life to another, along with those aspiring to learn more about themselves and their place as embodied leaders in these times of great change.

**What** - Together in a diverse community, we will go on a moving journey into and through a time tested developmental process that serves to help unwind the past and ignite one's essential life force. We dance from inertia, to inspiration, into action.



## Program Intentions

- Accessing the Wisdom of Your body
- Opening to the Truths of Your Heart
- Strengthening Interpersonal Communication Skills
- Aligning with the Bounty of Mother - Father
- Liberating the Creative Wild Child
- Discovering Pathways for Building Healthy Connections Within Yourself, With the World & With the Spirit Moving All of Life
- Remembering Ever More Fully Your Unique Destiny & What Your Next Steps will be in Order to Manifest That in our World Community

## Specific Skills Practiced and Incorporated

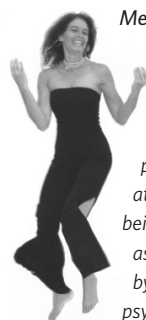
- Diverse Mediums for Creative Expression including - Dance, Song, Theatre, Writing, Drawing, Painting, Mask Making, and More
- Five Rhythms™
- Somatic Resourcing
- Council Practice
- Embodied Empathy™
- Ceremony

## Phases Through Surfing the Creative®



- Embodiment - Connecting with our natural rhythms, our senses and sensations, we ground ourselves in matter, tilling the earth of our beings, stepping ever more consciously in the sacred soils of our lives.
- Heartfulness - We dare to love in this life, opening to the truths of our hearts and how our vast feeling life reveals our expanding capacities to discern the world and love it ever more deeply.

- Creative Wild Child - Out of the story, into the glory. Mother and Father bloodlines are welcomed. Revelation unfolds through carefully orchestrated ancestral body-centered inquiry. Where do I come from? Who am I ... really?
- Intimacy - Sourced from the belly of our bodies and the truths of our hearts, we are more able to make conscious choices versus simply reacting to our upbringings. We then fuel new pathways between our creative callings and our longing for intimate reunion.
- Destiny - Soul calls us home, beckoning us to step into the future now. Community witnesses and welcomes each initiate into life, honoring the one who is now twice born. Together, we then weave the fabric of connection, celebrating the essence of each other's ways.
- Community - May our shared dreams and the urgent need for cultural renewal continue to weave us in heart and action ... in service of peace.



Melissa Michaels, Ed.D. Social Artist, Dancer and Mother, is the Founder and Director of Wildlife Productions, LLC., Surfing The Creative® International Rites of Passage Programs, & Golden Bridge, our not-for-profit organization dedicated to youth development. These programs are each grounded in SomaSource®, her movement based cross cultural process that focuses on the educational and healing potentials available at major life thresholds. Mapping the journey from trauma to dynamic well being, her work utilizes somatic and social arts to establish body and heart as resources for authentic expression. Rooted in rhythm and fueled by breath, this work inspires the sacred union between Spirit, flesh, psyche, and deed.